



## The Wright Stuff

### A Word from Bob Wright

In August of last year, I was privileged to be the main speaker at an event in Phoenix, Arizona, and to meet a truly amazing gentleman. It was an experience that I will never forget.

You see, Bernando LaPallo is not what most people would call an ordinary guy. He, however, would disagree.

I met Bernando before I was due to speak. I was mingling with the crowd when I saw a dark skinned man moving in my direction. He was walking with a cane – but it became apparent that he didn't really need it. His smile was broad and his skin seemed like it was glowing. I estimated that he was a well-preserved early 70's and, obviously, fit as a fiddle. I got most of that right, but missed on a key point.

Actually, a very important point. Bernando LaPallo was born on August 17th, 1901. I nearly fell on my face when I found out he was 111 years old. He was very well spoken,

(Continued)

### **INSIDE THIS ISSUE**

Omega Fatty Acid Supplements

Rationalized Resiliency

Another Rogue Agency

Testimonial - Dr. John Lubecki

aware of everything that was going on, upright and mobile and, most importantly, as healthy as a horse. Like most people, I was stunned – but shouldn't have been. When I heard his story, and then read the rest in his book, "Age Less, Live More," it made perfect sense. I should have known better than to pre-judge – Bernando did.

In 1906, when he was five years old, his father began the process of teaching Bernando about life – and what it took to live a long and healthy one. Mr. LaPallo states that there are three basic aspects that his father taught him and that have served him well for over a century. First, he stresses the importance of maintaining a positive, optimistic outlook on life and you let your faith guide you. Secondly, is the need for physical movement and exercise, which also applies to the mind. And, lastly, he states emphatically that the food we eat is perhaps the most important factor affecting the overall quality and quantity of our lives.

Let's listen to Bernando tell it: "The closer we can get to eating foods the way God made them, the better we'll feel and the longer we'll live. He did not put preservatives into the earth so that vegetables and fruits would remain on the tree for months without going bad. He did not place a microwave oven under the Tree of Life so that His children could eat mushy, nutrient-deprived food. He gave us raw fruits and vegetables that could serve as the backbone for a healthy diet, and by eating these foods one's life will be significantly changed for the better."

Could any of us have said it better or more clearly? Probably not. Bernando learned the secrets early in life and really figured this thing out. He didn't just think about it or talk about it – he has lived it. He is 111 years of living proof that a positive outlook, low stress, the right food, water and exercise are the best chance to live long and prosper.

Bernando will be 112 on August 17th of this year. He told me that he has no plans to slow down. As of this writing, he was headed to a Yankees/RedSox game and will be the guest of honor.

Think about getting his book, "Age Less, Live More," by Bernando and Anne Cornelius. What a story his is. You will love reading about his philosophy and exploits. And, just maybe, a little of Bernando will rub off on you. I know it did on me. ♦



# Omega Fatty Acid Supplements

Bruce West is one of my favorite doctors. For those of you who have read my book, “Killing Cancer – Not People,” you know that I quote him several times and refer to him as my personal physician – even though he lives in Monterrey, California and I am north of Seattle, WA. Read the book – you’ll get the rest of that story.

Doctor West is one of the world’s greatest heart doctors – if not the best. It is said by his peers that he has helped to bring to healing more heart patients than any physician that has ever lived. And he’s a chiropractor!

You see, Dr. West actually knows what he is doing. Chiropractors are some of my favorite doctors (yes, I said doctors) because they really understand the human body. Dr. West has gone above and beyond in researching what really works – and what doesn’t – to strengthen and regenerate the human immune system – the only thing that actually heals us.

The following is an article that Dr. West provided to us regarding what has become a “misunderstanding” concerning fish oil supplements – or what we know as omega-3 fatty acids:

“Without omega-3 fatty acid supplements, I would be unable to help most of my heart patients, including those with heart failure, and those who have had a heart attack or stroke. Yet a major medical study has so emphatically proven (according to medicine) that omega-3’s do not help heart disease patients, that they call it the fall of omega-3 and made it one of their major game changers for 2012. How could I have such different findings about omega-3’s than major medical studies? It’s simple. Actually, their study did come to the correct conclusion. They said that eating foods high in omega-3’s (like salmon) is good for your heart (just like grandma used to say). And this is true. But they say that taking fish oil capsules does not help at all. And, when you take the fish oil capsule they used, this is also true.

## ***Not Just Any Fish Oil***

“Yet, again, this study proves what we have always said. Your body can only use supplements made from whole foods – in their raw state, processed minimally, unadulterated, and with all their myriad of natural nutrients intact – as only nature provides. In the study, a 1 gram capsule of standard high-processed fish oil was tested against a placebo. And, it failed, just as I would have predicted. For starters, one gram is only 1/5 of a teaspoon! Are they kidding? And, even this one gram of fish oil was highly processed, heated, deodorized, stripped of most of its naturally-occurring vitamins and nutrients, and no longer a whole, natural food complex. Quite frankly, one gram of even great oil would not do too much good. But, one gram of poor quality oil

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did nothing. There is no mystery – it simply proves my point. Synthesized, fractionated, industrially processed supplements are useless. They just look good and can be made cheaply.

“In this case, medical researchers actually had it right – even though their conclusion was wrong. They said that foods rich in omega-3’s are good for your heart, but typical, store-bought fish oil is useless. Unfortunately, they do not know about real supplements, real fish oil, and real fish liver oils that are whole foods rich in omega-3’s and, by that definition, good for your heart. When you take inferior fish, press out the oil, heat it to over 500 degrees, deodorize it, clarify it, remove all the natural vitamins A and D, replace these with cheap synthetic versions, bottle it, and then charge \$50 for it, you are ripping off the public. These products warrant the AP headline that reads, ‘Fish Oil Not a Magic Heart Pill.’

“But, what if medical researchers instead took the same subjects and gave each of them 2-4 grams of real fish or cod liver oil? And, I mean the real thing, with all its thousands of naturally-occurring nutritional complexes, both known and unknown, its high omega-3 content, and its almost mystical and nature-balanced vitamins A, D, F, and K2. The AP headline about the study would read, ‘Fish Oil a Magic Heart Pill.’ But don’t hold your breath. This is not going to happen.

### ***It’s All About Processing***

“I speak frequently about what I call industrial processing. Most industrially-processed supplements have lost their ability to actually help you. This is often the case with fish oil. Just some of the things done to the fish and fish oil include steam cooking with extreme heat; screening and pressing to press out the liquid; separating, which separates the water from the fish oil; more heat with evaporators, steam dryers, indirect hot air dryers and even direct fired hot air dryers; grinding; adding antioxidants (often synthetic); deodorizing; flavoring; and, if toxins are in the oil, further filtering and detoxifying.

“If I am looking for omega-3 fatty acids that contain their whole vitamins A, D, and F complexes, this is not the kind of oil I would eat. Yet, this is what most people purchase because it looks great and lasts a long time on the shelf. It is also most often the kind of oil used for testing on patients. So when patients are given 1 gram of this kind of oil daily, it is no wonder that the results are ‘the fall of omega-3’s.’ Yet, the reality is that almost all Americans consume too little omega-3 fatty acids. I would be hard-pressed to help folks cure their heart disease, heart failure, cardiac arrhythmias, and atrial fibrillation without omega-3’s.

“In fact, one of the first tests I performed that started me on my quest back in the 1970’s

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was recording a heartbeat on a patient with a cardiac arrhythmia while he chewed up a vitamin F tablet (omega-3's). Amazingly, the recording showed that within seconds some of the vitamin F was absorbed right through his mouth, got into his blood, and began normalizing his heartbeat right then and there.

***Omega-3's: Effective or Not? It Depends!***

“So, is omega-3 useless for heart patients? Is omega-3 dead for heart patients? Does this study warrant a ‘game-changer’ for medicine? Only if you use the type of oil described in this article at the miniscule dose provided. What you need to know in the end is that what we have said about whole food supplements is so true – even when it comes to fish oil.

“For real fish oil and omega-3's, the very best products are Cataplex F by Standard Process – a dry form of omega-3's with liver extract and iodine; and Blue Ice Fermented Cod Liver Oil by Green Pastures – cod liver oil from pristine fish processed using the age-old process of fermentation (and nothing else). If everyone in America with heart disease (of any type) took Cataplex F (6 daily) and Blue Ice Fermented Cod Liver Oil (4-6 daily), with Cardio-Plus (6-9 daily) and Cataplex B (6-9 daily), both from Standard Process, hospitals would be empty, cardiac centers would close, ER visits for heart attacks and strokes would plummet, and most people would live 5-20 years longer.”

Thanks, Dr. West. With 60,000-80,000 healed heart patients behind him, this doctor knows what he is talking about. I take these products myself (daily) as part of an organic, full-spectrum, vitamin/mineral/nutrient regimen – and, wouldn't be without them. Standard Process out of Palmyra, Wisconsin, is a company founded by Dr. Royal Lee many, many decades ago. They raise all of their own organic foods which – then – become their supplements. So, in essence, you are eating raw, organic food in supplement form – not just taking your vitamins. Folks, there is not a better source. ♦



## **Rationalized Resiliency** by *Jenevieve Fisher*, Founder of *Educate A Cure*

“I’ll have the organic salad and a water, and the kids will have hamburgers and milkshakes.”  
I call this ‘rationalizing resiliency’.

We believe our children are resilient because they are young, they are healthy, and they haven’t been exposed to the toxins we have. We allow them to have sugary cereal, cookies and chips with soda at lunch, dessert after avoiding vegetables at dinner. Yes, they are young, but they are actually even more susceptible to damage from toxins than adults are. Their developing body systems can sustain permanent damage if toxic exposures occur during critical growth stages. What stage is NOT critical during childhood?

We see our kids as pure, clean, healthy, little bundles of joy, but truth be told, our children are now and have been for over a decade; born TOXIC due to chemicals in our environment. Not so joyful when they are desperately attempting to detoxify and develop simultaneously. Colic, anyone? How about allergies, sleeplessness, acid reflux?

Anything and everything we put in and on our bodies, even during pregnancy is in the bloodstream within 28 seconds. That means within 28 seconds, developing babies have those same toxins in THEIR bloodstream! This is why I have treated newborns with leukemia, and why I have treated infants with brain cancer!

The body produces fat cells in order to absorb toxins that the liver and kidneys cannot handle. When the filtering organs are overwhelmed, fat cells are manufactured in order to store the toxins, to prevent the bloodstream from becoming poisoned. We are born equipped to handle quite a lot, but consider the options: excess fat, poisoning, and the next step; illness and disease. For many developing babies, these toxins damage proper brain development, and can become permanent disabilities and mental disorders.

Instead of rationalizing our children’s ability to “handle” toxins, we need to truly see this situation for what it is: our children are rapidly becoming TOXIC SPONGES! Our children are absorbing toxins from food, air, and water at a rate far superseding ours.

If you are the typical parent who orders the organic salad, while your kids are whooping down their hormone and antibiotic filled hamburger and milkshake, please remember what **YOU ARE CHOOSING FOR YOUR CHILD**: illness and disease! We all need to be acutely aware of the impact every food choice we make or allow them to make, is having on their health; their health for today and for tomorrow.

Next time you find yourself rationalizing your child’s resiliency, please remember, every food choice comes with a consequence. Will your child’s food choices help them live a long, healthy life? ♦

## Another Rogue Agency

The following article was provided to us by a doctor working in the Tulsa, Oklahoma area in response to the recent raid and closing of the Camelot Cancer Care facility in that city. Per his request, his name is being withheld for obvious reasons.

“This week’s news about the IRS scandal targeting tax exempt for non-profit organizations with the words patriot, freedom, constitution or the like shouldn’t come as a terrible surprise. I have experienced this type of problem with the ‘4th’ branch of government more than once in my lifetime. Yes, I have been around for awhile. The ‘4th’ branch of government, of course, are the agencies that don’t report to, are audited by, or controlled by at least one of the other three branches. For those who failed civics class or took a diversity appreciation class or something like that instead, the other three branches are Executive (all the president’s men), Judicial (supreme court and federal judges), and the Congress (House and Senate).

The ‘4th’ branch includes those that have police powers and, thereby, enjoy a cozy relationship with the judicial to be used as necessary. The agencies that exercise these powers somewhat discriminately are:

- IRS – they can seize bank accounts, shut a business down, fine, investigate and arrest;
- TSA – arrest, confiscate, decide to purchase more ammunition (and presumably firearms) than the military;
- FDA – arrest, confiscate money and material, shut a business down, seize bank accounts, investigate, carry and presumably use guns, stop research on life saving medications and allow dangerous drugs to be marketed. This department is probably the most corrupt because of their cozy, incestuous relationship to big pharmaceutical companies and the AMA. Their history is rife with corruption and abuse. Is it any wonder that the US has the highest medical cost and the lowest health of the developed nations?;
- EPA – investigate and fine assumed assaults on the environment. There are numerous instances of dopey actions against farmers and other private enterprise. But, I’ll admit this is just what I have read and not experienced.

The others are sleeping dogs for the most part – in my observation – that react to or mess up successful enterprise. These are the NRLB, Commerce, Security and Exchange Commission, Education, Energy, Treasury, etc.

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What I have experienced started 15 years ago with the rogue FDA. I designed a medical analyzer that tests body fluids outside the body.

**BACKGROUND:** In 1988, Congress passed the Clinical Laboratory Improvement Amendment (CLIA) in response to labs bogus PAP test procedures causing misdiagnosis of cervical cancer. All human laboratory tests come under this law. Note that the details are outlined in the Congressional Record for the public to see. However, one detail that was omitted was how to fund and enforce the new law. Sound familiar? The funding/enforcing part was bounced from the CDC to the NIH and finally to the FDA which manages the enforcing but made the states fund it via state health agencies. Also, familiar?

I submitted my instrument to the FDA for classification, registration, and CLIA waiver as it met the waiver requirement of the law as outlined in the Congressional Record. This usually is the law unless overturned by the courts or ignored by the rogue agencies.

**BACKGROUND (continued):** In *Wickard v. Filburn* (1942) the Supreme Court ruled that the federal government could regulate ALL economic activity. This meant that any individual in any state that was engaged in any economic activity was subject to the federal agency's self-made rules. The justification (in the justice's opinion) was for the public's 'common good.'

If I had known how much power the agencies had, I would not have set up a meeting with the FDA to reason that Congress had exempted my instrument from CLIA rules with a waiver. It is in the Register – 'If there is no risk for morbidity or mortality due to erroneous instrument results, the instrument is waived from CLIA rules.' My instrument pointed out dietary problems. The agency manager of the device group discounted my argument with a statement that I will never forget: 'I don't care what Congress said. The instrument will not be granted a waiver (from CLIA/FDA made-up rules).'

The '4th' branch is dangerous to enterprise (business), health (FDA coziness with the drug companies gives us the most money spent and the poorest results of industrialized nations), education (most money spent and, again, the poorest results of industrialized nations), misallocation of resources (Department of Energy past gas rationing and ethanol) and so forth. Some of us will adapt and survive – no matter what. There are powerful men that survived the old Soviet Union outside of the government elite – not that the US is going that far."

Thanks, Doc. You are spot-on. Hopefully, Camelot will survive and be allowed to bring more cancer patients to healing. The proven and published statistic from the December,

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2004, issue of the Journal of Oncology stating that 97.1% of all cancer patients who undergo chemotherapy are dead in five years should be a wake-up call. After all, someone needs to help these people. Our “4th Branch” has failed them miserably. And, I do mean miserably. Another statistic widely known today (from several studies) shows us that most people who do absolutely nothing (no treatment) for their cancers will live longer and have a better quality of life than those who seek conventional treatment (chemo/radiation).

Maybe that’s why many now call the FDA the Federal Death Administration.♦



\*Graphic courtesy of *Label GMO Foods*

## Testimonial – Dr. John Lubecki

Here we go again. I've already said elsewhere in this newsletter that many chiropractors are among the best doctors I know. And that goes across the board to include medical doctors and our much maligned naturopathic doctors (again, yes, they are really doctors – and darn good ones).

Enter Dr. John Lubecki. John is now a personal friend of mine and one of the best doctors I have had the pleasure to meet. Dr. Lubecki is an 80+ year old NUCCA chiropractor who utilizes homeopathic imprinting (originally from Europe) and low-level lasers as primary treatment methodologies to eliminate all toxins and pathogens from the body. This process, while seemingly simple and straightforward, has stunning results. Heavy metals – gone; parasites – dead; bacteria, viruses and fungal colonies – disposed of.

Of course, we know that the elimination of these things from our bodies superpowers the immune system. The last time I checked, the immune system is the only thing that heals sickness and disease – and prevents the same. And, that is why Dr. Lubecki has such great success with those suffering from all maladies – especially cancer and, even more important, brain cancer.

Following is a testimonial (name changed and protected – but absolutely authentic) from a patient of the good Doctor:

“Hi, Dr. Lubecki. Thank you so much for calling last night. Once again, you have proven what a wonderful doctor you are – always going above and beyond what others do. I wanted to share the results with you after seeing my tongue doctor. Just to remind you, I was diagnosed with malignant neoplasm of the tongue in 2002. Many cuttings and laser burnings over the years have left my tongue misshapen – but still there. Praise the Lord! It has gotten better and worse over the years, including carcinoma in situ and a white covering (don't remember the name they call it), but the ulcer site has never really gone away.

“My tongue doctor told me we needed to stop playing catch-up and be aggressive. I asked him if I could have some time and see if I could get better doing my own thing. He said okay and gave me a couple of months. I went home determined to do everything I could to keep from having a graft from my cheek transplanted onto my tongue. So I went to work to stop the cancer with the laser and imprinter you gave me. It is hard to sit with your mouth open but you had said to use the laser directly on my tongue – so that's what I did. For well over a year!

“I decided it was time to go see how I was doing, so I took a copy of the laser stuff and

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went to see my doctor. He said I looked great and, even better, there was no lesion, white spots, or anything that looked bad under his orange light. So he said see you in 6 months and off I went. I was doing cartwheels. The laser has healed my tongue! Thank you, thank you, thank you! I look forward to seeing you in the near future. Take care. Louise Perry”.

Of course, neither I, the AACI, nor Dr. Lubecki will state that the laser or the homeopathic imprinter heals or cures anything. Many patients, I’m sure, would say otherwise. However, once you rid the body of the junk that it contains, amazing things begin to happen. When the extreme toxic burden is lifted from the immune system, it elevates and begins to function the way it was meant to. And, that’s why, friends, detoxification is probably the single, most important aspect to healing! Please don’t miss that when you are dealing with cancer – or any other sickness or disease (remember the PIOH treatments explained in previous newsletters?).

Kudos (every day) to my friend, Dr. John Lubecki. If you want to know what this is all about, please contact him at his clinic, Lubecki Chiropractic, in the Sacramento, CA area. You can reach him at 916-966-7395.

And, yes, we can even chelate radiation out of the body now. Ask Dr. Lubecki how. ♦

## Stay Tuned!

In the next edition of *The Wright Stuff*:



- Are root canals really safe?
- Are they related to cancer?

We will address these issues and more in the upcoming July newsletter.

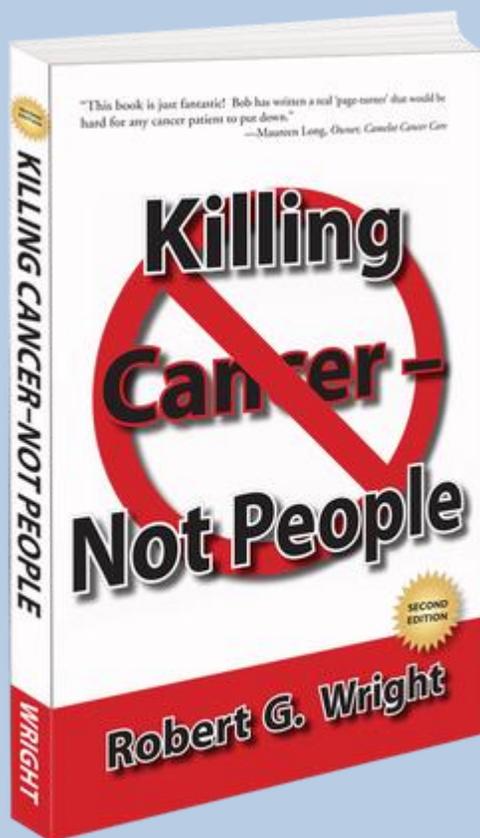
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- Read meticulously documented **Truth** about the AACI **Cancer Paradigm** and what it means for you and your family.
- **Be amazed by doctors** and medical professionals who know this Truth-- some want you to know it, and some don't... Learn why.
- Learn what you absolutely *must do and stop doing* if you have cancer right now, and what you *must do* for cancer prevention.
- Understand detoxification and the cancer diet in plain English.
- Learn about the **American Anti-Cancer Clinic:** situated within a 100-acre plus cancer-healing complex in the Pacific Northwest, to which cancer victims can come from all over the world where all their needs will be met—medical, educational and nutritional, at less than one tenth the cost of current cancer care today. We believe that "**if we build it, they will come!**"

This Book represents our "bread and butter" fundraiser, so we greatly appreciate your purchase and thank you for supporting the AACI. \$12 of each book is tax deductible as a donation to the AACI under IRS Code 501© (3).